



SUMMER CAMPS!

A fun, educational, and creative summer experience for your child.

Typical Day at Camp:
Gathering & kids yoga class
Main adventure activity
Craft project or yoga journals
Yoga games & discussions
Closing activities

Sample Activities Include:
Singing with Sammie Haynes
Eco topics
Outdoor group mandalas
Professional hooping class
Naked Plates pottery project (D)
Wicked Fun Art project (E)
Martial arts (D)
PEA trails nature hike (E)
Story Telling
Children's Museum (D)
Outdoor games
Daily yoga & discussions
Sing & Share Show!

Register online:

**www.childlightyoga.com
603-781-3323**

PreK - G2

**Dover Yoga Studio
July 12 - 16, 9:30-12:30**

Grades K-5

**Exeter Recreation Dept.
July 26 - 30, 9:00-12:30**

\$170 per child/wk

**"I LOVE yoga
camp...can't
wait for next
year!"**

Meghan, Age 5

**"No one can believe all the
fun, unique activities you
packed into just one week."**

**"...instilling wonderful val-
ues and lasting memories."**

**"Her only complaint was
that it was just one week!"**